

FY2023 Wellness KPIs & Highlights

As of Oct 2023



【Wellness Seminar】 Financial Wellbeing/ Mindfulness Seminar/ Stress Seminar

【Wellness Event & Program】 Walk Rally/ Exercise Event/ Strength Workshop/ Recipe Month Events/ Mindfulness Program/ Stress Program/
Gym Studio Lessons/ Inbody Events/ PMS Supplements Distribution

【Wellness Community】 Be Well, Do Well/ Walk Rally/ Recipe Month/ Sleep Rally